



MARCH 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
H2 = Haven 2nd Floor H3 = Haven 3rd Floor SA = Shalem Atrium DR = Dining Room	CAFE = Shalem Cafe CY = Courtyard MS = Meeting Space HALL= Hallway by Info TV	1	2	3	4	5	
		9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit Haven Residents	10:00 SA Alberta Clothing Sale -2:00pm
		10:15 H3 Sit N' Fit (Guest) All Residents	2:00 SA Chapel – All Residents High River CRC Pastor David	10:15 H3 Sit N' Fit (Guest) All Residents	10:15 H3 Sit N' Fit All Residents	10:30 H3 Memory Connect With Liz	
6	7	8	9	10	11	12	
10:00 Emmanuel Church Service Ch.398	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents	9:30 H3 Sit N' Fit Haven Residents 9:30-10:30 HALL Tuck Shop 2:00 SA Chapel – All Residents River Park Pastor Adrian	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents	9:30 H3 Sit N' Fit Haven Residents		
6:30 SA Hymn Sing	1:30 DR Coffee Connection With Dorothy de Vuyst 4:00 SA In Memory of Helene with Pastor Layne	2:00 DR Birthday Party Entertainment – Dean Jarvey	7:00 DR BINGO with Lauren	3:00 CAFÉ Happy Hour New Irish Drink Specials			
13	14	15	16	17	18	19	
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents 2:00 SA Armchair Travel All About Ireland Drinks, Activities & Entertainment	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 H3 Brain Teasers	9:30 H3 Sit N' Fit Haven Residents 9:30-10:30 HALL Tuck Shop 2:00 H3 Line Dancing Class (For Residents that signed up) 2:00 SA Chapel – All Residents First Lutheran Pastor Kevin	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 H3 Pet Pals 5:00 DR St. Patrick's Dinner Drinks & Entertainment	9:30 H3 Sit N' Fit Haven Residents		
20	21	22	23	24	25	26	
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit Haven Residents 10:15 H3 Sit N' Fit All Residents 2:00 DR Guest Author/Speaker Shirley Thiessen: Journey of Grief	9:30 H3 Sit N' Fit Haven Residents 9:30-10:30 HALL Tuck Shop 2:00 SA Chapel – All Residents First Alliance Pastor Tolu 7:00 DR BINGO with Lauren	9:30 H3 Sit N' Fit Haven Residents 10:15 H3 Sit N' Fit All Residents 3:00 CAFÉ Happy Hour 7:00 SA Chinese Massage & Tea (Sign-up Required)	9:30 H3 Sit N' Fit Haven Residents 10:00 SA Clothing Sale -2:00pm Personal Touch Fashions 10:30 H3 Memory Connect With Michelle		
27	28	29	30	31	<div style="border: 1px dashed green; padding: 10px;"> <p>May the grace of God's protection And His great love abide Within your home-within the hearts Of all who dwell inside. <i>- Irish Blessing</i></p> </div>		
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents 2:00 H3 Paint N' Sip With Carol 2:30 CAFÉ Men's Pub Social	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 9:30 CAFÉ Espresso Café Drinks & Baked Goods for Purchase	9:30 H3 Sit N' Fit Haven Residents 9:30-10:30 HALL Tuck Shop 10:00 MS Ask a Pharmacist -12:00 (Sign-up Required) 2:00 SA Chapel – All Residents Emmanuel CRC Pastor Cari	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 H3 FUN Bingo 3:00 CAFÉ Happy Hour			