

MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:00 Emmanuel Church Service Ch.398	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) Haven Residents		9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 3:00 CAFÉ Happy Hour Cinco de Mayo Drink Specials		
8	9	10	11	12	13	14
10:00 Emmanuel Church Service Ch.398 <i>Mother's Day</i> 6:30 SA Hymn Sing	9:30 H3 Sit N' Fit Haven Residents 10:30 H3 Memory Connect 2:00 DR Mother's Day Tea	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 DR Birthday Party Entertainment – Dean Jarvey 7:00 SA Mother's Day Music Virtual: Soprano Hannah Pagenkopf	9:30 H3 Sit N' Fit Haven Residents 10-10:30 H2 Tuck Shop 10:45 MH Tuck Shop 2:00 SA Chapel – All Residents River Park Pastor Adrian	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 H3 FUN Bingo 3:00 CAFÉ Happy Hour	9:30 H3 Sit N' Fit Haven Residents 10:00 CAFÉ Espresso Café Cappuccino & Shalem Pastries Available for Purchase	3:00 SA Piano with Carol Folk & Hymns
15	16	17	18	19	20	21
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents 2:00 H3 Paint N' Sip with Carol 6:30 SA Chinese Massage & Tea (Sign-up Required)	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 11:30 Bus Trip Kensington & Regal Cat Café (Sign-up Required)	9:30 H3 Sit N' Fit Haven Residents 10:00 MS Ask a Pharmacist - 12:00 & Blood Pressure Clinic 2:00 SA Chapel – All Residents First Lutheran Pastor Kevin 3:30 H3 Line Dancing Class 7:00 DR BINGO with Lauren	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:00 H3 Pet Pals 3:00 CAFÉ Happy Hour	9:30 H3 Sit N' Fit Haven Residents	
22	23	24	25	26	27	28
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Sit N' Fit Haven Residents <i>Victoria Day</i>	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 1:00 SA Virtual Wild Life Tour with Brian Keating 2:00 H3 Balloon Volleyball - All	9:30 H3 Sit N' Fit Haven Residents 10-10:30 H2 Tuck Shop 10:45 MH Tuck Shop 10:30 H3 Brain Teasers 2:00 SA Chapel – All Residents First Alliance Pastor Tolu	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents 2:30 Bus Trip (Sign-up Required) My Favourite Ice Cream Shoppe 3:00 CAFÉ Happy Hour	9:30 H3 Sit N' Fit Haven Residents 10:00 CAFÉ Espresso Café Cappuccino & Shalem Pastries Available for Purchase	
29	30	31	<div style="border: 1px dashed green; padding: 10px; text-align: center;"> <p>Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food." - Genesis 1:29</p> </div>			
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 H3 Monday Movement (Guest) Haven Residents 10:15 H3 Monday Movement (Guest) All Residents 2:30 CAFÉ Men's Pub Social 7:00 Goodies in the Pergola (Weather Permitting)	9:30 H3 Sit N' Fit (Guest) Haven Residents 10:15 H3 Sit N' Fit (Guest) All Residents				

- H2 = Haven 2nd Floor
- H3 = Haven 3rd Floor
- SA = Shalem Atrium
- DR = Dining Room
- CAFE = Shalem Cafe
- CY = Courtyard
- MS = Meeting Space
- MH = Main Hall by Info TV

