



August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents		
		10:15 H3 Sit N' Fit (Staff) All Residents	2:00 SA Chapel – All Residents Pastor Layne	10:15 H3 Sit N' Fit (Staff) All Residents		
		2:00 H3 Memory Connect	7:00 DR BINGO with Lauren	2:00 H3 Brain Teasers		
				3:00 CAFÉ Happy Hour		
7	8	9	10	11	12	13
10:00 Emmanuel Church Service Ch.398	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit Haven Residents	
6:30 SA Hymn Sing	10:00 CAFÉ Espresso Café Drinks & Shalem Pastries Available for Purchase	10:15 H3 Sit N' Fit (Staff) All Residents	2:00 SA Chapel – All Residents High River CRC Pastor David	10:15 H3 Sit N' Fit (Guest) All Residents		
		2:00 DR Birthday Party Entertainment – Dean Jarvey		5:00 DR/ CY SUMMER BBQ Friends & Family Welcome Entertainment Dwayne Fettig		
14	15	16	17	18	19	20
10:00 Emmanuel Church Service Ch.398	9:30 H3 Monday Movement (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit Haven Residents	
6:30 SA Hymn Sing	10:15 H3 Monday Movement (Guest) All Residents	10:15 H3 Sit N' Fit (Guest) All Residents	10:15 H3 Sit N' Fit (Guest) All Residents	10:15 H3 Sit N' Fit (Staff) All Residents	11:00 CAFÉ Mimosa Social Mimosa & Quiche for Purchase (Sign-up Required)	
		11:30 Bus Trip: Fish Creek -1:30 Picnic Lunch (Sign-up)	11:00 CAFÉ Tim Horton's Club Coffee & Doughnuts for Purchase	10:30 H3 Brain Teasers		
			2:00 SA Chapel – All Residents First Lutheran Pastor Kevin	3:00 CAFÉ Happy Hour		
21	22	23	24	25	26	27
10:00 Emmanuel Church Service Ch.398	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit Haven Residents	
6:30 SA Hymn Sing	2:00 H3 Paint N' Sip With Carol (Sign-up Required)	10:15 H3 Sit N' Fit (Guest) All Residents	2:00 SA Chapel – All Residents Retired Pastor Harry	10:15 H3 Sit N' Fit (Guest) All Residents		
		11:30 Bus Trip: Saskatoon Farm -1:30 Lunch Available (Sign-up)	7:00 DR BINGO with Lauren	2:00 H3 Memory Connect		
				3:00 CAFÉ Happy Hour		
28	29	30	31	<p>⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast. <i>Ephesians 2:8-9</i></p>		
10:00 Emmanuel Church Service Ch.398	9:30 H3 Sit N' Fit Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents	9:30 H3 Sit N' Fit (Staff) Haven Residents			
6:30 SA Hymn Sing	2:30 CAFÉ Men's Pub Social (Sign-up Required)	10:15 H3 Sit N' Fit (Staff) All Residents	2:00 SA Chapel – All Residents High River CRC Pastor David			
		2:00 CY Ice Cream Floats & Outdoor Games				

H2 = Haven 2nd Floor
H3 = Haven 3rd Floor
SA = Shalem Atrium
DR = Dining Room
CAFÉ = Shalem Cafe
CY = Courtyard
MS = Meeting Space
MH = Main Hall by TV

