



OCTOBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
H2 = Haven 2nd Floor H3 = Haven 3rd Floor SA = Shalem Atrium			CY = Courtyard DR = Dining Room GR = Games Room			CAFE = Shalem Cafe MS = Manor Social Room		
<i>Thankful, Grateful, Blessed</i>								
					1	2		
					9:30 H3 Sit N' Fit Haven Residents			
3	4	5	6	7	8	9		
	9:30 H3 Monday Movement (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents		
	10:00 Emmanuel Church Service Ch.398	10:15 H3 Monday Movement (Guest) All Residents	10:15 H3 Sit N' Fit (Guest) All Residents	2:00 H3 Chapel – All Buildings Retired Pastor Harry Valstar	10:15 H3 Sit N' Fit (Guest) All Residents			
	6:30 H3 Hymn Sing	1:30 DR Coffee Connection With Dorothy deVuyst	11:30 Bus Trip- Fall Drive -1:30 Sign-up Required	7:00 DR BINGO with Lauren	<i>Thanksgiving Dinner</i>			
					4:30 DR FIRST SEATING			
					5:30 MEAL DELIVERY			
					6:30 DR SECOND SEATING			
10	11	12	13	14	15	16		
	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents		
	10:00 Emmanuel Church Service Ch.398	10:15 H3 Sit N' Fit (Guest) All Residents	10:30 H3 FUN Bingo	10:15 H3 Sit N' Fit (Guest) All Residents	3:00 CY Mini Farm Visit Animals come to Shalem			
	10:30 H3 Memory Connect With Liz	2:00 DR Birthday Party Chinook Country German Dancers	2:00 H3 Chapel – All Buildings River Park Church Pastor Adrian	1:00 H3 FLU CLINIC				
				3:30 See Time for Each Building				
				3:00 CAFÉ Happy Hour				
17	18	19	20	21	22	23		
	9:30 H3 Monday Movement (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents		
	10:00 Emmanuel Church Service Ch.398	9:30 H3 Monday Movement (Guest) Haven Residents	10:00 Ask a Pharmacist -12:00 Book an Appointment	10:15 H3 Sit N' Fit (Guest) All Residents	10:30 H3 Memory Connect With Liz			
	6:30 H3 Hymn Sing	2:00 H3 Paint N'Sip Paint with Carol (Sign-up)	9:30 Bus Trip - Walmart -11:30 Sign-up Required	2:00 H3 Chapel – All Buildings First Lutheran Pastor Kevin	3:00 CAFÉ Happy Hour			
		2:00 H3 FUN Bingo	7:00 DR BINGO with Lauren					
24	25	26	27	28	29	30		
	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents	9:30 H3 Sit N' Fit (Guest) Haven Residents		
	10:00 Emmanuel Church Service Ch.398	10:15 H3 Sit N' Fit (Guest) All Residents	2:00 H3 Chapel – All Buildings First Alliance Pastors Tolu & Ray	10:15 H3 Sit N' Fit (Guest) All Residents	10:30 CAFÉ Pumpkin Decorating Contest			
	6:30 SA Hymn Sing	2:00 H3 Brain Teasers		3:00 CAFÉ Happy Hour				
31	<div style="border: 2px dashed orange; padding: 10px; margin: 10px auto; width: 80%;"> <p>¹⁸ give thanks in all circumstances; for this is God's will for you in Christ Jesus.</p> <p style="text-align: center;"><i>1 Thessalonians 5:18</i></p> </div>							
	10:00 Emmanuel Church Service Ch.398							

