



# NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
	9:30 <b>H3</b> Monday Movement (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	
	10:15 <b>H3</b> Monday Movement (Guest) All Residents	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	2:00 <b>H3</b> Chapel – All Buildings Retired Pastor Harry Valstar	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	7:00 <b>DR</b> Pub Night (ALL) Food/ Drink/ Music by Romeo		
		2:00 <b>H3</b> FUN Bingo	7:00 <b>DR</b> BINGO with Lauren	3:00 <b>CAFÉ</b> Happy Hour			
7	8	9	10	11	12	13	
	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	<i>Left We Forget</i> 	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents		
10:00 Emmanuel Church Service Ch.398	10:30 <b>H3</b> Memory Connect With Liz	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	9:30 Bus Trip – Field of Crosses -11:30 Memorial Drive		1:30 <b>DR</b> Remembrance Day Reflections with Pastor David		
6:30 <b>H3</b> Hymn Sing	1:30 <b>DR</b> Coffee Connection With Dorothy deVuyst	2:00 <b>DR</b> Birthday Party The Harmonica Tableau	2:00 <b>H3</b> Chapel – All Buildings Chaplain Sharon Froese				
14	15	16	17	18	19	20	
	9:30 <b>H3</b> Monday Movement (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents		
10:00 Emmanuel Church Service Ch.398	10:15 <b>H3</b> Monday Movement (Guest) All Residents	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	10:45 <b>CAFÉ</b> Learning Session Risk of Falling/ Prevention	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	10:30 <b>CAFÉ</b> Cappuccino & Colour		
6:30 <b>H3</b> Hymn Sing	2:00 <b>H3</b> Paint N'Sip Paint with Carol (Sign-up)	2:00 <b>H3</b> Brain Teasers	2:00 <b>H3</b> Chapel – All Buildings First Lutheran Pastor Kevin	2:00 <b>H3</b> Pet Pals			
			7:00 <b>DR</b> BINGO with Lauren	3:00 <b>CAFÉ</b> Happy Hour			
21	22	23	24	25	26	27	
	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents		
10:00 Emmanuel Church Service Ch.398	10:30 <b>H3</b> Memory Connect With Liz	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	10:00 <b>MS</b> Ask a Pharmacist -12:00 Book an Appointment	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents	10:00 <b>H3</b> Clothing Sale -2:00 Personal Touch Fashions		
6:30 <b>H3</b> Hymn Sing	2:00 <b>CAFÉ</b> Learning Session Women Exiting Exploitation	9:30 Bus Trip - Walmart -11:30 Sign-up Required	2:00 <b>H3</b> Chapel – All Buildings First Alliance Pastors Tolu & Ray	2:00 <b>H3</b> FUN Bingo			
				3:00 <b>CAFÉ</b> Happy Hour			
28	29	30	<b>H2 = Haven 2<sup>nd</sup> Floor</b> <b>H3 = Haven 3<sup>rd</sup> Floor</b> <b>SA = Shalem Atrium</b> <b>DR = Dining Room</b> <b>CAFÉ = Shalem Cafe</b> <b>CY = Courtyard</b> <b>MS = Meeting Space</b>				
	9:30 <b>H3</b> Monday Movement (Guest) Haven Residents	9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents	<i>Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.</i>  1 Corinthians 15:58				
10:00 Emmanuel Church Service Ch.398	10:15 <b>H3</b> Monday Movement (Guest) All Residents	10:15 <b>H3</b> Sit N' Fit (Guest) All Residents					
6:30 <b>SA</b> Hymn Sing	2:30 <b>CAFÉ</b> Men's Pub Social Food & Drink (Sign-up Required)	10:45 <b>CAFÉ</b> Armchair Travel Tara Weening: Indescribable India					

