



# AUGUST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>August Long Weekend Civic Holiday</b>	3 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 9:30 <b>Bus Trip: North Hill Mall Sign-up on Haven Info Board</b>	4 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:15 <b>H3</b> Sit N' Fit All Residents 2:00 <b>SA</b> Hymn Sing 7:00 <b>DR</b> BINGO with Lauren	5 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 3:00 <b>CAFÉ</b> Happy Hour	6 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:30 <b>H3</b> Olympic Activities Haven Residents 2:00 <b>CY</b> Olympic Activities All Residents	7
8	9 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:00 <b>Emmanuel Church Service Ch.398</b> 1:30 <b>DR</b> Community Coffee with Dorothy deVuyst	10 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:15 <b>H3</b> Sit N' Fit All Residents 2:00 <b>H3</b> Brainteasers	11 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:15 <b>H3</b> Sit N' Fit All Residents 2:00 <b>SA</b> ALL BUILDINGS Chapel Pastor Wilma	12 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 3:00 <b>CAFÉ</b> Happy Hour	13 9:30 <b>H3</b> Sit N' Fit Haven Residents 2:00 <b>SA</b> Paint N'Sip Paint with Carol (Sign-up)	14
15	16 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:00 <b>Emmanuel Church Service Ch.398</b> 6:00 <b>SA</b> Hymn Sing	17 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 2:00 <b>H3</b> FUN Bingo 3:00 <b>GR</b> Men's Pub Social Food & Drink	18 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:15 <b>H3</b> Sit N' Fit All Residents 11:00 <b>CAFÉ</b> Healthy Eating for 1 Presentation 2:00 <b>SA</b> ALL BUILDINGS Chapel Pastor Kevin 7:00 <b>DR</b> BINGO with Lauren	19 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 10:30 <b>H2</b> Horse Races 3:00 <b>CAFÉ</b> Happy Hour	20 9:30 <b>H3</b> Sit N' Fit Haven Residents	21
22	23 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:00 <b>Emmanuel Church Service Ch.398</b> 6:00 <b>SA</b> Hymn Sing	24 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 1:30 <b>Bus Trip: Saskatoon Farm -4:30</b> Sign-up Required	25 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:15 <b>H3</b> Sit N' Fit All Residents 2:00 <b>SA</b> ALL BUILDINGS Chapel Pastor David S.	26 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 10:00 <b>SA</b> Clothing Sale -2:00 <b>Personal Touch Fashions</b> 2:00 <b>CAFÉ</b> Presentation Understanding Arthritis 3:00 <b>CAFÉ</b> Happy Hour	27 9:30 <b>H3</b> Sit N' Fit Haven Residents 6:00 <b>Evening in the Pergola</b> Hot Dog Roast	28
29	30 9:30 <b>H3</b> Sit N' Fit Haven Residents 10:00 <b>Emmanuel Church Service Ch.398</b> 6:00 <b>SA</b> Hymn Sing	31 9:30 <b>H3</b> Sit N' Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N' Fit (Guest) All Residents 10:30 <b>CY</b> The Good Timers Music Entertainment	<b>H2 = Haven 2<sup>nd</sup> Floor</b> <b>CAFÉ = Shalem Cafe</b> <b>H3 = Haven 3<sup>rd</sup> Floor</b> <b>CG = Café Garden</b> <b>CY = Courtyard</b> <b>SA = Shalem Atrium</b> <b>DR = Dining Room</b> <b>GR = Games Room</b>			



<sup>11</sup> I long to see you so that I may impart to you some spiritual gift to make you strong— <sup>12</sup> that is, that you and I may be mutually encouraged by each other's faith. - Romans 1:11-12 (NIV)