



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>H2 = Haven 2<sup>nd</sup> Floor</b> <b>H3 = Haven 3<sup>rd</sup> Floor</b> <b>CY = Courtyard</b> <b>DR = Dining Room</b> <b>CAFE = Shalem Cafe</b> <b>MS = Manor Social Room</b> <b>SA = Shalem Atrium</b> <b>GR = Games Room</b>	<p>‘Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.’ - Matthew 6:34</p>		1	2	3	4
			9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:15 <b>H3</b> Sit N’ Fit All Residents 2:00 <b>SA</b> Chapel – All Buildings First Alliance Pastors Tolu & Ray	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 3:00 <b>CAFÉ</b> Happy Hour	9:30 <b>H3</b> Sit N’ Fit Haven Residents	
5	6	7	8	9	10	11
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	<b>Labour Day</b> Statutory Holiday	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 9:30 <b>Bus Trip – Walmart</b> Sign-up Required	9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:15 <b>H3</b> Sit N’ Fit All Residents 2:00 <b>SA</b> Chapel – All Buildings High River CRC Pastor David S. 7:00 <b>DR</b> BINGO with Lauren	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 2:00 <b>H3</b> Brain Teasers 3:00 <b>CAFÉ</b> Happy Hour	9:30 <b>H3</b> Sit N’ Fit Haven Residents 6:00 <b>Evening in the Pergola</b> Hot Dog Roast	
12	13	14	15	16	17	18
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:30 <b>H3</b> Fall Craft Scented Pine Cones 1:30 <b>DR</b> Community Coffee With Dorothy deVuyst 3:00 <b>MS</b> Fall Craft Scented Pine Cones	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 2:00 <b>DR</b> Birthday Party Music by Dwayne Fettig	9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:15 <b>H3</b> Sit N’ Fit All Residents 2:00 <b>SA</b> Chapel – All Buildings First Lutheran Pastor Kevin	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 2:00 <b>SA</b> Pet Pals 3:00 <b>CAFÉ</b> Happy Hour	9:30 <b>H3</b> Sit N’ Fit Haven Residents 2:30 <b>CAFÉ</b> Men’s Pub Social Food & Drink (Sign-up Required)	
19	20	21	22	23	24	25
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 <b>H3</b> Sit N’ Fit Haven Residents 2:00 <b>SA</b> Paint N’ Sip Paint with Carol (Sign-up)	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 11:30 <b>Bus Trip: ROARR</b> -1:30 Sign-up Required	9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:15 <b>H3</b> Sit N’ Fit All Residents 10:30 <b>H2</b> Horse Races 2:00 <b>SA</b> Chapel – All Buildings High River CRC Pastor David S. 7:00 <b>DR</b> BINGO with Lauren	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 2:00 <b>H3</b> FUN Bingo 3:00 <b>CAFÉ</b> Happy Hour	9:30 <b>H3</b> Sit N’ Fit Haven Residents 7:00 <b>DR</b> Evening Concert Justine Vandergrift	
26	27	28	29	30		
10:00 Emmanuel Church Service Ch.398 6:30 SA Hymn Sing	9:30 <b>H3</b> Sit N’ Fit Haven Residents	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 2:00 <b>CAFÉ</b> Fall Social All Welcome	9:30 <b>H3</b> Sit N’ Fit Haven Residents 10:15 <b>H3</b> Sit N’ Fit All Residents 2:00 <b>SA</b> Chapel – All Buildings River Park Church Pastor Adrian	9:30 <b>H3</b> Sit N’ Fit (Guest) Haven Residents 10:15 <b>H3</b> Sit N’ Fit (Guest) All Residents 3:00 <b>CAFÉ</b> Happy Hour Octoberfest		

